

Internship Descriptions

Summer 2020



Adult Outpatient - Transitional Services Team (Lakewood – 9485 W Colfax Ave):

Adult Outpatient Transitional Service clinicians will provide services for clients after they are discharged from the hospital before they see their primary therapist, anywhere from 1-3 sessions depending on their needs (short-term therapy). Clinicians will assess their needs and situation then refer them to the appropriate services. Clients that are seen are coping with addiction as well as various personality and mood disorders. Clients are seen to help keep them safe and focused on recovery.

- One placement supervised by Layne Jacobson, an LPC with 20+ years of post-master's experience.

Emergency/Crisis Team (Wheat Ridge - 4643 Wadsworth Blvd):

The Emergency/Crisis Team provides crisis intervention services for the community 24 hours a day, 7 days a week, 365 days a year. Clinicians are trained in de-escalation techniques, crisis intervention, and safety planning. Anyone experiencing a behavioral health crisis is able to come to the Walk-In Crisis Center (WIC) at any time of day. The WIC is staffed with masters and doctoral level clinicians, a peer specialist, and registered nurses. Clinicians are also available to provide mobile, community-based de-escalation for the purpose of addressing safety concerns while allowing clients to remain in the community and to prevent hospitalization. This internship will focus on crisis counseling and intervention, some intakes, care coordination, and outreach. Ideal interns are comfortable with brief clinical interactions and adaptable to dynamic and often changing working conditions.

- One placement supervised by Christin Jones, an LPC with 20+ years post-master's experience

Family Services Outpatient Team (2 locations in Wheat Ridge and Lakewood):

Family Services Outpatient (FSOP) is a fast paced, high volume program. We work with children ages 5-22 and their families. We conduct family, individual and group therapy with a population that is largely lower income families. You will be exposed to a variety of diagnoses, backgrounds, and presenting problems. FSOP is looking for interns who are willing to take initiative, work well on a team, and who are looking for a broad spectrum experience working with youth and their families. The diverse nature of this population (including culture, age, SES, and diagnosis) requires an intern to be versatile in the work that they do. Community Mental Health is a fantastic way to get hands on experience, and it also holds many challenges. It's our hope that an intern would be eager to immerse her/himself in the fast paced world of stringent paperwork requirements, working with a myriad of clients, and establishing collaborative partnerships with colleagues, families, and outside systems.

- One placement co-supervised by Adrienne Burns, an LPC, LAC with 5+ years of post-master's experience and Logan Druckman, an LPC with 3+ years of post-master's experience.

Dual Placement - Integrated Care Team and Wellness Team (Lakewood - 12055 W. 2nd Pl):

This internship will work under the Integrated Care and Wellness teams. Both teams focus on whole-person healthcare with a variety of holistic treatment options for clients, their families, and community members. This internship will allow the student to learn vital skills for the changing healthcare landscape including: creating whole- health psycho-educational groups, leading these groups for integrated care and wellness clients, learning advanced motivational interviewing techniques to offer health coaching, and carrying a caseload of somatic therapy clients. Some examples of these groups are: Taming the Anxious Mind, Self-Management of Chronic Pain, Mindfulness Meditation, etc. Additionally, interns will have the opportunity to shadow multi-disciplinary staff in an integrated care clinic to learn more about the provision and application of health psychology. Interns will also assist with care coordination needs aimed at improving client access to mental health and medical services. An interest in integrated care/health psychology/holistic healthcare is encouraged

- One placement supervised by Meghan Pataky, an LCSW, CACII with 10+ years of post-master's experience.

Intensive - Crisis Stabilization & Integration Team (Lakewood - 12055 W. 2nd Pl):

The Crisis Stabilization/Integration Team (CSI) provides services to adults (18+) with serious and persistent mental illness who are in need of more intensive services than traditional outpatient therapy can provide. The CSI team incorporates a variety of evidence-based practices into their interventions which include: individual and group therapy, crisis intervention, case management, and medication management. Services may take place in the office or the community.

- One placement supervised by Rachael Saffa, an LCSW, with 5+ years of post-master's experience.

Residential Treatment Team (Various locations in Arvada and Lakewood):

This internship works with adults with severe and persistent mental illness (SPMI) who reside in Residential Treatment and Alternative Care Facilities (ACF's). Clients range in age from 18 and up, and often have co-occurring medical, substance abuse, or intellectual disabilities. Treatment goals often focus on symptom management, relapse prevention, and increasing independence. Primary work includes case management, therapy, psychoeducation, and group/ activity facilitation. This internship provides an opportunity to learn about treatment methods for SPMI, residential treatment interventions, department of health regulations, and state oversight of clients certified for treatment. The ideal intern will be interested in working with the SPMI population, possess effective communication skills, and be interested in learning more about residential treatment services.

- One placement supervised by Angel Wood, an LCSW, with 15+ years of post-master's experience.

Senior Reach Team (Arvada – 7828 Vance Drive):

This team works with older adults who live in the community and have been identified as needing behavioral health, care management support, or caregiver support. Clients are age 60+, and often have not engaged in behavioral health services before. Primary work includes home-based case management and therapy as well as community education and outreach. This internship provides diverse experiences with opportunities to work with other aging services providers, learn community resources, deliver presentations, and provide care management and clinical services.

- One placement supervised by Cameron Malcolm, an LCSW with 5+ years of post-master's experience. Cameron is specifically seeking students enrolled in a social work program.

Senior Services Outpatient Team (2 locations in Wheat Ridge and Lakewood):

Senior Services Outpatient (SSOP) serves adults 60 years and older. Services include individual and family counseling for older adults and their families in addition to psychiatric/medication management services and case management. Through solution-focused counseling, SSOP helps older adults regain confidence, increase their ability to cope with everyday changes, and assist with maintaining health and independence. Therapy work often incorporates managing co-morbid chronic health conditions. This internship provides diverse experiences with opportunities to work with other aging services providers, learn community resources, deliver presentations, and provide care management and clinical services.

- One placement supervised by Danielle Gapinski, an LPC with 4+ years of post-master's experience.