



## Sober Living Resources Navigation Services



Need more information? Contact our Navigation Services Team at 303-432-5130 or [navigation@jcmh.org](mailto:navigation@jcmh.org)

The current list provides information on facilities that offer sober living programs for both males and females. Please call each facility for more information on a specific addiction you are looking for.

If you notice any changes or inconsistencies with our resources, please inform Navigation to help us stay current.

### **Carla Vista Sober Living**

888-988-7028 or 720-535-6590

2024 S Rifle St, Aurora, CO 80013

<http://carlavista.com/>

- A safe environment that not only keeps you on track to sobriety, but does so in a way that holds you accountable for your actions requiring mandatory breathalyzer and drug tests as well as a background scan to provide safety and the best environment for recovery possible
- Self-pay; complete move-in costs – \$365 move in fee (includes \$175 administrative fee, \$175 first week's rent, \$15 monthly house supply fee), weekly Rent – \$175, monthly Supply Fee – \$15
- Call for information on availabilities and intake

### **Oxford House**

<http://www.oxfordhouse.org/>

- Drug and alcohol recovery house. Have male and female facilities. Individually ran by the residents. Decisions concerning occupancy are made as a group. Participants must be working and cooperate with house rules such as being clean, sober, and sharing chores.
- A recovering individual can live in an Oxford House for as long as he or she does not drink alcohol, does not use drugs, and pays an equal share of the house expenses. The average stay is about a year, but many residents stay three, four, or more years.
  - A recovering individual must complete a standard "Application for Membership" and be interviewed by the residents of the house he or she want to live in
- Contact each individual facility, or visit the website online, to determine availability:
  - Male facilities
    - 1322 W. Alaska Place, Lakewood, CO 80209– 720-550-6459
    - 2475 Field St. Lakewood, CO 80215– 720-630-8367
    - 2220 S. Estes Street, Lakewood, CO 80227– 720-688-1418
    - 310 E Geddes Ave, Littleton, CO 80122 – 720-502-5263
    - 9702 W 67<sup>th</sup> Pl, Arvada, CO 80004 – 720-328-8704
    - 5319 Independence Street, Arvada, CO 80002 – 303-955-7067
    - 180 Osceola St, Denver, CO 80219 – 303-284-9298
    - 4105 Kalamath Street, Denver, CO 80211 – 303-955-0722
    - 8510 Rainbow Ave, Denver, CO 80229 – 720-542-3837
    - 2319 S Perry St, Denver, CO 80219 – 303-248-3567
    - 136 Dawson Pl, Longmont, CO 80504 – 303-834-8805
    - 11042 Clermont Dr, Thornton, CO 80233 – 720-379-6175

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- 1240 West 72<sup>nd</sup> Ave, Westminster, CO 80221 – 303-993-6498
- 1100 Kingston St, Aurora, CO 80010 – 720-287-0377
- 1726 Galena Street, Aurora, CO 80010 – 720-410-2981
- 3704 S. Andes Way, Aurora, CO 80013 – 303-953-8990
- 15604 E 13<sup>th</sup> Ave, Aurora, CO 80011 – 303-856-3744
- 13806 E 25<sup>th</sup> Pl, Aurora, CO 80011 – 303-736-2684
- 8905 W. 63<sup>rd</sup>. Ave, Arvada, CO 80004 – 720-583-6338
- 6860 Gray Drive, Arvada, CO. 80003– 720-667-3164
- 6815 Eaton St. Arvada, CO. 80003– 303-362-1605
- 13004 E. Exposition Drive Aurora, CO 80012– 720-510-2105
- Female facilities
  - 11900 W Alameda Ave, Lakewood, CO 80228 – 303-658-0930
  - 6615 S. Apache Drive, Littleton, CO 80210 – 720-583-0885
  - 1488 S Kenton St, Aurora, CO 80012 – 720-535-8363
  - 446 Oswego St, Aurora, CO 80010 – 720-524-3343
  - 17692 E. Kenyon Drive, Aurora, CO 80013 – 303-537-4484
  - 2025 S. Pitkin St., Aurora, CO. 80013– 720-542-9821

## Shadow Mountain Recovery

800-764-7250 or 303-420-9430

8200 E. Belleview Ave., Suite 400E, Greenwood Village, CO 80111 – office location

<http://denver.shadowmountainrecovery.com/>

- Shadow Mountain Recovery is known for beautiful, gender specific, therapeutic sober homes. Each sober home is located in a well-maintained and established neighborhood around each of our Colorado treatment centers. Sober living is an important resource for early recovery.
- Shadow Mountain Recovery homes offer spacious living quarters, quality furnishings and consistent staffing for a very comfortable and stable sober-living environment. The gender specific residence is a great resource for men and women, researching Denver sober living options (in particular), since there are limited and varied resources available in this area.
- The Shadow Mountain Recovery programs work with many insurance carriers as an out-of-network provider (Aetna, BlueCross Blue Shield, Cigna, United Behavioral Health, Magellan Health Services, First Health, Value Options, MH Net, Behavioral Health, Select Health).
  - They accept many carriers not listed above. Call to verify insurance.

## Sobriety 1<sup>st</sup> Sober Living, LLC

720-339-6947 or 303-437-0044

<http://www.sobriety1stsoberliving.com/About-Us.html>

- Sober living environment with a mission to bridge a safe and effective sobriety transition to our clients.
- Requirements of the program:
  - Each resident is required to sign enforced requirements contract upon entering the program, be financially self-supporting, paying their own rent, providing their own clothing, personal items and purchasing their own food while in the program.
    - Welcome Baskets filled with essentials are provided upon entry.
  - The residents are required to work, actively seek employment, be a student enrolled in an accredited academic or trade school, or be actively engaged in one or more volunteer programs.
    - *Those who are permanently disabled and on federal, state, or local assistance are required to become involved in service to the home or the community.*

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- All residents are required to attend a minimum number of weekly 12 Step meetings, such as Alcoholics Anonymous or Narcotics Anonymous and attend weekly mandatory house meetings.
- No prescribed narcotics are permitted in this program
- Thrives on hosting fun and exciting special sobriety events for tenants and their families.
- Admission and program fees (prices may be subject to change):
  - \$155 Non-Refundable Intake Fee
  - \$25 House Supply Fee
  - \$200 Weekly Rent

## **Sobriety House, Inc.**

General Information: 303-722-5746, Intake Line: 720-381-4337

121 Acoma St., Denver, CO 80223

[www.sobrietyhouse.org](http://www.sobrietyhouse.org)

- Halfway house, residential long-term treatment, independent living and outpatient treatment
- Residential treatment program involves 3 phases:
  - Phase I – Intensive Residential Treatment (28 day program)
  - Phase II – Transitional Residential Treatment (Halfway House)
  - Phase III – Independent Living
- Only accepts self-payment and Kaiser Insurance.
  - Self-Payment: \$5,280/28 days (max 28 days) for Phase I, \$1,850/30 days for Phase II (max 180 days) for Phase II.
  - A sliding scale is available to those with no means to pay the regular fees and who live in one of the following counties: Adams, Arapahoe, Douglas, Denver, Clear Creek, Gilpin or Jefferson.

## **JUUST Living Sober Living**

720-290-5715

Residence is located in Lakewood near Simms St and Colfax Ave.

[www.juustliving.org](http://www.juustliving.org)

- Provides a sober living community who are 18+ and is welcoming of all genders and especially the LGBTQ+ community.
- Provides fully furnished rooms that can accommodate two residents at a time with a shared bathroom.
  - Some bedding and household supplies are provided.
  - Residents supply their own food and prepare their own meals.
- Requirements:
  - Residents must help with household chores.
  - Residents must maintain employment and engage in a recovery program.
- Cost:
  - Program costs \$600 a month. There is a \$40 application fee.

## **Zen Mountain**

720-515-3299

<https://www.zenmountainhouse.com/>

- Sober living facility for women located in Centennial and Aurora.
- Most household expenses are included in the monthly fee except for food, clothing, and personal hygiene products

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## **Tribe Recovery Homes**

720-608-7423

<https://triberecoveryhomes.com/services/>

- Men's sober living facility located in Aurora, Thornton, Montebello, and Pueblo.

## **Transitions Sober Living**

303-501-6500

[www.tslcolorado.com](http://www.tslcolorado.com)

- Men's sober living facility located in Aurora

## **Gym Membership:**

Phoenix Multisport | Sober Active Community

<https://phoenixmultisport.org/>

- Phoenix Multisport Denver is a gym in Denver that is free for those fighting addiction. Only requirement is 48 hours of continuous Sobriety.