

2022 Internship Descriptions

Adult Outpatient Team:

Adult Outpatient (AOP) clinicians will provide individual and group psychotherapy, as well as care coordination and case management to consumers aged 18-59. There will also be opportunities to complete intake assessments. Interns will have a caseload of clients for ongoing therapy. You will be exposed to a variety of diagnoses, backgrounds, and presenting problems. Interns must work constructively with consumers to reach agreed upon outcomes and coordinate care with internal and external providers.

- One placement supervised by Allyson Drayton, an LPC with 5+ years of post-master's experience.
- One placement supervised by Jessica Rossi, an LPC with 3+ years of post-master's experience.
- One placement supervised by Kristin Stefanatz, an LPC with 6+ years of post-master's experience.

Adult Outpatient - Transitional Services Team:

Adult Outpatient Transitional Service clinicians will provide services for clients after they are discharged from the hospital before they see their primary therapist, anywhere from 1-3 sessions depending on their needs (short-term therapy). Clinicians will assess their needs and situation then refer them to the appropriate services. Transitional Service clinicians also meet with high acuity clients on an as needed basis when referred from the client's primary clinician. This service can be offered through a scheduled session or during set drop in hours. Clients that are seen are coping with addiction as well as various personality and mood disorders. Transitional Service clinicians also have the opportunity to participate in Jefferson Center's DBT program which includes facilitating groups and meeting with individual clients for DBT focused therapy sessions. Clients are seen to help keep them safe and focused on recovery.

- One placement supervised by Charity Miller, an LCSW with 7+ years of post-master's experience. Charity is also working on obtaining her LAC credential.

Ascent and ACT Teams:

This internship will work under the Ascent and Assertive Community Treatment (ACT) teams. The Ascent team serves individuals ages 15-30 who are experiencing their first episode of psychosis. The ACT team serves adults diagnosed with severe and persistent mental illness (SPMI). Both teams provide wrap-around, community-based care to clients, their support systems, and community partners. Services are provided in the community/home, office, and via tele-health. This internship will allow the student to learn vital skills in case management, individual therapy, group therapy, psychoeducation, risk assessment, crisis de-escalation, and more. Additionally, students will have the opportunity to work on two multi-disciplinary teams in a collaborative environment where they will learn about the provision and application of a variety of therapeutic modalities. Interns will also assist with care coordination needs aimed at improving client access to mental healthcare, medical services, and community resources needed to meet basic needs. An interest SPMI/integrated care/community engagement is encouraged.

- One placement co-supervised by Christine Moody, an LPC with 6+ years of post-master's experience and Kaitlyn Brierley, an LPC with 8+ years of post-master's experience.

CrossRoads and PorchLight Teams:

Mandatory group supervision and clinical consultation on Wednesdays from 11am-12:30pm. Hours are flexible; however, an intern will need to be available at least some evenings until 6pm M-F to accommodate families' schedules. The CrossRoads Team works primarily with adolescents ages 10-22 at-risk or involved in the juvenile justice system. Jefferson Center partners with PorchLight, A Family Justice Center, and interns will work with children and adolescents ages 0-22 who have experienced or witnessed domestic violence, child abuse, human trafficking and sexual assault. Interns will be responsible for initial clinical assessments on new referrals, providing individual and family treatment (in-office and telehealth), providing professional updates and recommendations and leading groups. The internship spans two different programs. Interns will receive

referrals from both the CrossRoads program and PorchLight program. You can view more information about the PorchLight program at this link. <https://www.porchlightfjc.org/>

- Two placements supervised by Rebecca Smith Tucker, an LPC with 9+ years of post-master's experience.

Emergency/Crisis Team:

The Emergency/Crisis Team provides crisis intervention services for the community 24 hours a day, 7 days a week, 365 days a year. Clinicians are trained in de-escalation techniques, crisis intervention, and safety planning. Anyone experiencing a behavioral health crisis is able to come to the Walk-In Crisis Center (WIC) at any time of day. The WIC is staffed with masters and doctoral level clinicians, a peer specialist, and registered nurses. This internship will focus on crisis counseling and intervention, crisis assessment for and preparation of mental health holds if needed, some intakes, care coordination, and outreach. Ideal interns are comfortable with brief clinical interactions and adaptable to dynamic and often changing working conditions. Clinicians are also available to provide mobile, community-based de-escalation for the purpose of addressing safety concerns while allowing clients to remain in the community and to prevent hospitalization. Services may be provided in-person or via telehealth.

- One placement supervised by Annemie Van Linden, an LPC, LAC with 8+ years of post-master's experience.
- One placement supervised by Christin Jones, an LPC with 20+ years of post-master's experience. Christin works afternoon shifts.
- One placement supervised by Michelle Dyl, an LPC with 20+ years of post-master's experience. Michelle works daytime shifts.

Family Services Outpatient Team:

Family Services Outpatient (FSOP) is a fast paced, high volume program. We work with children ages 8-22 and their families. We conduct family, individual and group therapy with a population that is largely lower income families. You will be exposed to a variety of diagnoses, backgrounds, and presenting problems. FSOP is looking for interns who are willing to take initiative, work well on a team, and who are looking for a broad spectrum experience working with youth and their families. The diverse nature of this population (including culture, age, SES, and diagnosis) requires an intern to be versatile in the work that they do. Community Mental Health is a fantastic way to get hands on experience, and it also holds many challenges. It's our hope that an intern would be eager to immerse her/himself in the fast paced world of stringent paperwork requirements, working with a myriad of clients, and establishing collaborative partnerships with colleagues, families, and outside systems.

- One placement supervised by Bailey Carlin, an LPC, LAC with 9+ years of post-master's experience.
- One placement supervised by Chelsea Vibert, an LPC with 8+ years of post-master's experience.

Integrated Care Services Team:

The Integrated Care Services Team is accepting applications for social work, counseling, and MFT student interns. Students function as an integral part of a multidisciplinary team in primary Family Medicine, Pediatrics, and Women's Health Clinics. Primary duties include conducting health screenings, assessments, and interventions, consultations with physicians, prevention and wellness interventions as well as mental health triage. Students will carry a caseload of outpatient therapy clients with the potential to facilitate therapy groups. Clinics are located throughout Jefferson County and possible matches will be discussed with students in an interview to decide on the best fit (for population served, location, in-person v. telehealth needs). In-person and hybrid schedules are available due to the COVID 19 pandemic. (Remote-only options are not available at this time.) Again, this will be discussed in an interview with students to decide on the best fit for each student and clinic location. Internship includes individual and group supervision and the option to participate in CAC supervision to earn hours towards Addictions Counselor license.

- One placement supervised by Kathryn Dunn, an LCSW, LAC with 6+ years of post-master's experience.
- One placement supervised by Lorraine Grose Good, an LMFT with 7+ years of post-master's experience.
- One placement supervised by Sahar Sawaged, an LPC with 5+ years of post-master's experience.

School-Based Services Team:

These placements are supervised by Jefferson Center clinicians who are co-located at various elementary, middle, and high schools throughout Jefferson County. Most of the intern's work will consist of individual sessions with students; classroom interventions; coordination of treatment with family, teachers and administrators; and crisis intervention.

- One placement supervised by Brittney Fitzgerald, an LPC with 7+ years of post-master's experience.
- One placement supervised by Kathryn Wickman, an LPC with 7+ years of post-master's experience.
- One placement supervised by Mikayla Olson, an LMFT with 7+ years of post-master's experience.
- One placement supervised by Shana Shaeffer, an LMFT with 5+ years of post-master's experience.

Substance Use Disorder Outpatient Team:

Substance Use Disorder Outpatient (SUD OP) team members will work with consumers who have a dual diagnosis (both addiction and mental health concerns). They will provide individual and group psychotherapy, as well as care coordination and case management to consumers aged 18-59. Interns will have a caseload of clients for ongoing therapy. They will be exposed to a variety of diagnoses, backgrounds, and presenting problems. Interns must work constructively with consumers to reach agreed upon treatment goals, using evidenced based practices and document accordingly. They will gain experience in coordinating care with internal and external providers on a multidisciplinary team.

- One placement supervised by Jamie Finkelstein, an LPC, LAC with 9+ years of post-master's experience.

Trauma Systems Therapy Team:

The TST team provides intensive, family systems trauma treatment to children (ages 4-21) and their families. Interns will have the opportunity to shadow cases and take on some of their own. Services take place in the community, in homes, and in the office setting often involving work with both the child and their guardian. Intensive family services requires a minimum frequency of weekly sessions. Training in the TST modality would be provided. TST interns will learn and be responsible for all aspects of care including intake, assessment, diagnosis, case management, and treatment provision. Interns will be responsible for learning and utilizing the TST modality which will include weekly group consultation, case presentation to the TST team, and working closely with their individual supervisor. Many cases require strong communication between a clinician and other agencies, and many families are often engaged in multiple systems (school, court, human services, psychiatry, etc.). Afternoon and evening hours are generally important to serve our clients.

- One placement supervised by Linda Taj, an LPC, LAC with 9+ years of post-master's experience.
- One placement supervised by Morgan Anderson, an LPC with 4+ years of post-master's experience.

Withdrawal Management Team:

Clients can come, or be referred, to Withdrawal Management anytime, 24 hours a day, if intoxicated and/or in withdrawal. While in the care of the Withdrawal Management Team, clients are monitored/assessed for withdrawal and work with staff to identify goals and explore resources and referrals. Clients who are on an Emergency Commitment or Involuntary Commitments are on the unit longer, and often are preparing for treatment. Clinicians are trained in de-escalation, milieu management, crisis intervention, case management/care coordination, Biopsychosocial Assessments, safety planning, group counseling (when the unit permits), and can hold an outpatient caseload. You will interact with clients with a variety of co-occurring disorders, and this is a great opportunity to build a strong understanding of substance use. Supervision can be provided for those who will eventually be working toward an LPC and/or LAC.

- One placement supervised by Meredith Donner, an LMFT, LAC with 10+ years of post-master's experience.
- One placement supervised by Sarah Myers, an LPC, LAC with 4+ years of post-master's experience.

Youth Transitions Team:

Mandatory team meeting and group supervision on Tuesdays from 10am-11:30am and mandatory team meeting on the 2nd Wednesday of the month from 11am-12:30pm. Hours are flexible; however, an intern will need to be available at least some evenings until 6pm M-F to accommodate family's schedules. Youth

Transitions works primarily with youth ages 8-22 who are discharging from a psychiatric inpatient hospitalization and youth at high risk of suicide or out of home placement. Youth Transitions provides therapeutic and case management support to families quickly (within a week of referral) after a crisis, and the program makes recommendations and referrals for ongoing treatment services. Interns will be responsible for initial clinical assessments on new referrals, providing individual and family treatment (in-office and telehealth), providing professional updates and recommendations, leading groups and providing case management services for families.

- One placements supervised by Kate LaBore, an LPC, LAC with 11+ years of post-master's experience.