

Get to know us!



Our vision is a community where **mental health matters** and equitable care is accessible to all

Jefferson Center is a nonprofit, community-focused mental health care and substance use services provider. We offer hope and support to individuals and families who are struggling with mental health issues and substance use disorders. Serving our community is at the core of everything we do.

Serving Jefferson, Gilpin, and Clear Creek Counties for more than 60 years, Jefferson Center is an integral part of the communities we serve. We understand the needs of our community and have an extensive network of community partnerships and collaborations. At Jefferson Center, we have a variety of programs for people of all ages, from all walks of life.

- **Making access to care easily available and customer focused is a top priority** at Jefferson Center and we believe in serving clients at the point of care where the client is most comfortable. We provide services at multiple clinical offices and in many community settings such nursing homes, community centers and foster homes.
- **We believe in the dignity of all people and creating a culture where diversity is valued.** Jefferson Center provides specialized linguistically and culturally relevant care that is integrated across our teams to drive inclusivity and equity of care delivery.
- **Jefferson Center has School-based counselors in 45 elementary, middle and high schools throughout our community.** Bringing school-based services right into the schools is clearly the most effective way to reach the greatest number of students and families. In the schools, we can provide a safe place that reduces stigma and give students the help they need, as clinicians are right there on-site.
- **Jefferson Center is co-located in 35 primary care and pediatric medical offices.** Research indicates that better integration of behavioral health and physical healthcare increases access to care and results in better health outcomes while reducing overall healthcare cost.
- **Our more than 620 employees are the BEST.** Jefferson Center is proud to be a **Denver Post Top Workplace 10 years in a row!**



24,326
people served in 2021



330,000
Total Services



97% of clients would recommend to family or friend

Serving Jefferson, Clear Creek and Gilpin counties, including more than **30 towns** and communities



In the mental health world, people are so beaten down—it's so nice to see positivity and friendly people who walk the talk.



Jefferson Center is a very compassionate organization. I promise you, that you will get your needs met through their excellent team of caring providers, and if they cannot help you, they will definitely make sure you get the support you need.

Programs and Services

Telehealth · In-person · Community-based · In-home · Kiosks

Jefferson Center offers an array of mental health, substance use and wellness services for all clients based upon individual needs. While the majority of services are listed here, additional information can be found on our website.



Acute Care and Emergency Services

Crisis support for any mental health and substance use crisis. Walk-in Crisis Center, Mobile Crisis team, video and phone support.



Family Services

Comprehensive services to meet the needs of children, youth, and their families, including:

- Early Childhood Services
- School-based Services
- Parenting Programs and Classes
- Family, Individual, and Group Therapy
- Dialectical Behavioral Therapy (DBT) for Adolescents
- Suicide Prevention
- Juvenile Justice Programs
- Family Intensive Services



Adult Services

Adult Outpatient: Services to support client strengths and independence and encourage family involvement include:

- Peer Specialist Support
- Individual, Group and Family Therapy
- Evidence-Based Cognitive Behavioral Therapy (CBT)
- Dialectical Behavioral Therapy (DBT)
- Medication Evaluation, IDDT, and Monitoring

Adult Intensive Services: Services that build upon client strengths, support independence, and encourage family and community connection including:

- Criminal Justice Programs/Services
- Hospital Alternative Programs
- Housing and Residential
- Case Management



Consumers consistently rated
95% agreement in the past year:

- Overall, I am satisfied with today's visit
- I feel welcome at Jefferson Center
- Staff were respectful of and responsive to my culture, language, beliefs, and my unique identity



Senior Services

Programs designed to meet the needs of those age 60 and older.

- Individual, Group and Family Therapy
- Nursing Home Outreach, Evaluation, Screening
- Senior Reach Community-based Services
- Peer-to-Peer Senior Support
- Wellness Programs



Vocational Services

Assistance in attaining full or part-time employment, and developing relationships, social and employment skills.

- Peer Specialist and Social Support
- Job Readiness – including interviewing, resume writing, career exploration and job coaching



Wellness Services

An array of classes, activities, and coaching, teaches clients how to play a more active role in their overall health by making positive lifestyle changes. Services include:

- Health Screenings and Exercise Programs
- Individualized Coaching
- Group Health and Wellbeing Classes



Navigation and Housing Support

Designed to guide clients in accessing mental health services and links clients to resources at Jefferson Center and in the community. Connecting clients to a continuum of housing options from affordable to permanent supportive housing, as well as wrap-around case management services as they work towards stable housing.



In many ways, the Jefferson Center is what other mental healthcare organizations aspire to be but don't have the courage to be. – Community Partner